#### Occupational Health Services

**NEW EMPLOYEES** 

**HUMAN SUBSTANCE EXPOSURE** 

**ANIMAL SAFETY** 

**WORK INJURIES** 

FAO

CONTACT

**FLU VACCINE** 

COVID-19

Q

Washington University Occupational Health (OH) provides services for the prevention and treatment of occupational Illnesses and injuries; as well as other services that support our faculty, staff, postdoctoral appointees, clinical fellows and trainees, and Danforth Campus employees.



**Frequently Asked Questions** 

www.occupationalhealth.wustl.edu

# CAM 5A



Office of Occupational Health Services
Washington University in St. Louis
Center for Advanced Medicine
4921 Parkview Pl, Suite 5A
St. Louis, MO 63110
Phone 314-362-3528 | Fax 866-475-9166

occupationalhealth@wustl.edu

# **Current Services Supporting WUSM Clinical Mission**

- COVID-19 & Influenza return-to-work
  - BJC/WUSM Call Center & Testing Site
- Seasonal influenza & COVID-19 vaccination
- Body substance exposure management
  - HIV, HBV, HCV
- Communicable disease exposure management
  - Tuberculosis, pertussis, mpox...
- New employee health (serologies, vaccinations, etc.)
- Work-related injury/illness
  - Non-urgent: BarnesCare, CAM5A
  - Emergent: ED

# 1234 Kingshighway Blvd

The only drivethru testing site

M-F: 8am-4pm

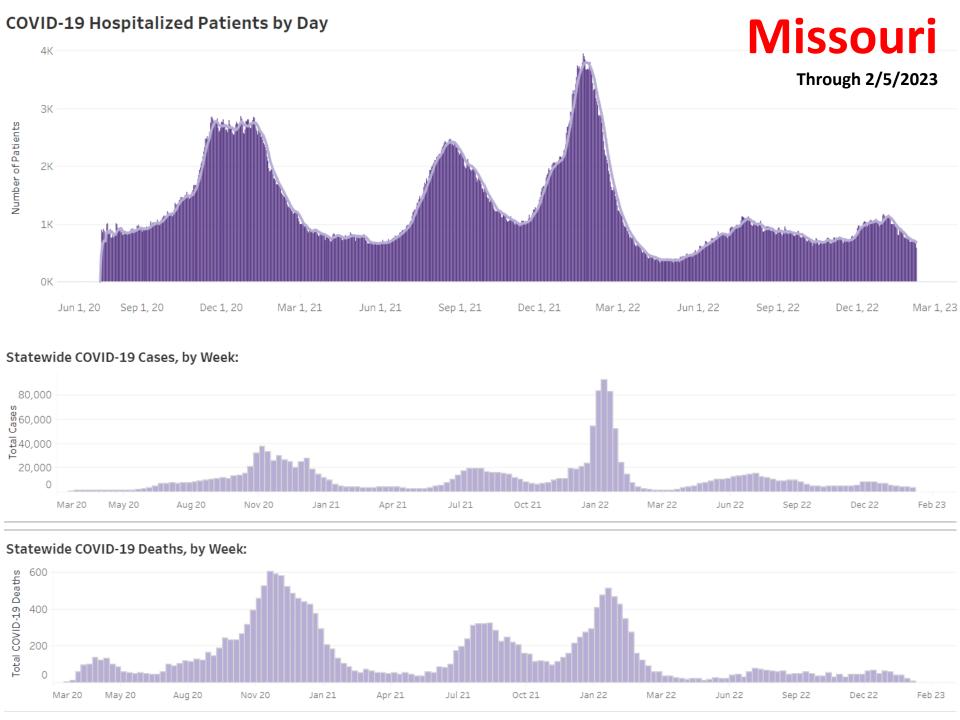
Sat/Sun: 8am-

12:30pm

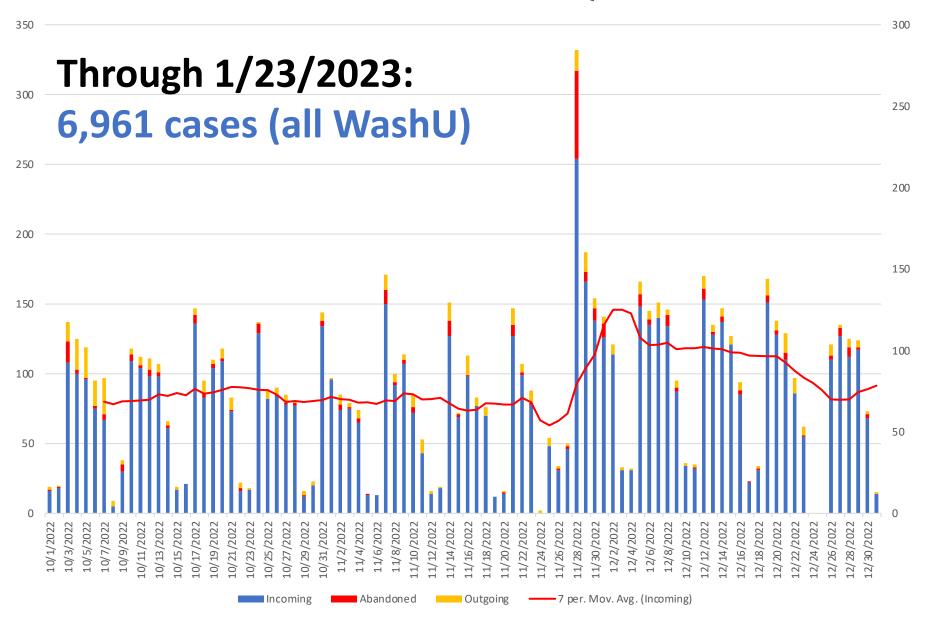
Must go thru Call Center!



# COVID-19



## **Call Center Volumes 4th Quarter 2022**



## COVID-19

#### www.occupationalhealth.wustl.edu

- If symptomatic:
  - Do not report to work
  - Begin <u>isolating</u> immediately
  - Notify your supervisor
  - Call the COVID-19 Exposure/Illness Hotline at 314-362-5056
    - RN will conduct assessment & arrange order for RT-PCR (1234 Kingshighway, BJC Convenient Care Clinics, others) – follow-up <u>e-mail</u> w/ guidance
    - Home antigen test accepted
    - <u>Self-guided</u> Return to Work guidance via <u>e-mail</u> once RT-PCR is resulted or based on home antigen test result
      - Return date based on date of symptom onset *vs.* positive test

		Criteria	Return to Work Guidance	
	Asymptomatic infection OR mild-moderately ill	<ul> <li>Not severely immunocompromised</li> <li>Not hospitalized for COVID-19</li> <li>At least 24 hours afebrile without use of fever-reducing medications</li> <li>All other symptoms resolved, markedly improved, mild for duration of illness</li> </ul>	<ul> <li>Remain off work 5 days (eligible to return on day 6 after symptom onset or positive test if never symptomatic)</li> <li>Day of positive test or symptom onset is Day 0</li> <li>Must mask through Day 10</li> </ul>	
į	Severely immunocompromised OR severely ill	<ul> <li>Severely immunocompromised: receiving chemotherapy for cancer, untreated HIV with CD4 &lt;200, primary immunodeficiency disorder, receipt of prednisone of at least 20mg/day for more than 14 days&lt; solid organ or bone marrow transplant recipients</li> <li>Severely ill: hospitalized and/or required home oxygen support</li> <li>At least 24 hours afebrile without use of fever-reducing medications</li> <li>All other symptoms resolved, markedly improved, mild for duration of illness</li> </ul>	Remain off work 10 days (eligible to return on Day 11 after symptom onset or positive test if never symptomatic)  • Day of positive test or symptom onset is Day 0	

Revised 12/19/2022 (subject to ongoing reevaluation)

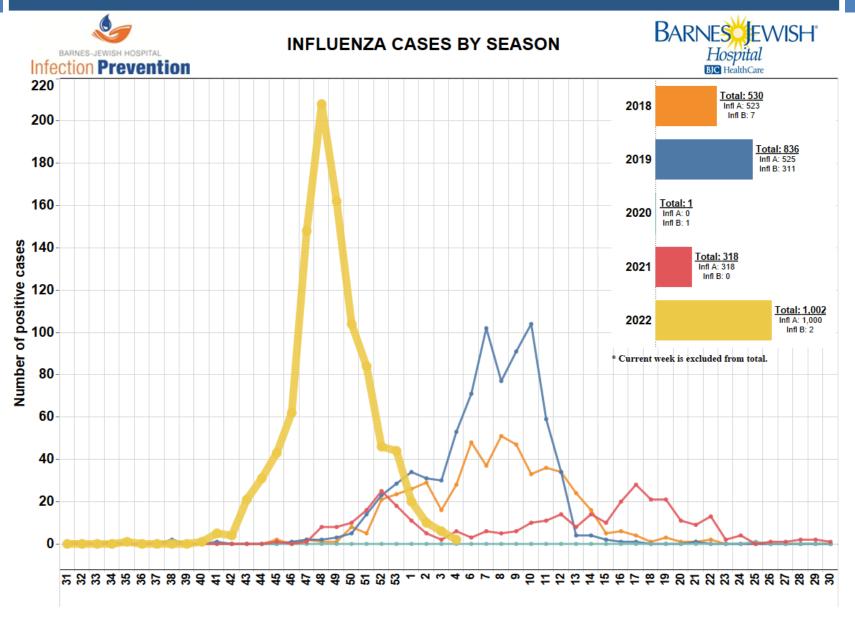
# Influenza

## BJH Influenza Update 2/7/23

- 422 BJH influenza tests were performed from 1/29/23 – 2/4/23 (Week #5)
  - 2 positive for Influenza A
- 1,003 total cases detected at BJH this season (1,001 A, 2 B;
   75 inpatient, 928 outpatient)
  - 2 new cases were identified last week (#5)
  - 1 new cases reported so far this week (#6)
  - 22 HAI has been identified this season (#6)











	Week 5	Data Cumulative since October 2, 2022 (Week 40)
No. of specimens tested	5,463	164,523
No. of positive specimens	115	26,069
Positive specimens by type/subtype	Testing suggests	good vaccine match
Influenza A	109 (94.8%)	25,933 (99.5%)
(H1N1)pdm09	38 (45.8%)	5,266 (24.6%)
H3N2	45 (54.2%)	16,109 (75.4%)
H3N2v	0	1 (<0.1%)
Subtyping not performed	26	4,557
Influenza B	6 (5.2%)	136 (0.5%)
Yamagata lineage	0	0
Victoria lineage	4 (100%)	97 (100%)
Lineage not performed	2	39

## Influenza

www.occupationalhealth.wustl.edu

- If <u>symptomatic</u> or <u>occupational exposure</u>:
  - Do not report to work or leave work
  - Begin <u>isolating</u> immediately
  - Notify your supervisor
  - Call the COVID-19 Exposure/Illness Hotline at 314-362-5056 (they cover influenza too)
    - RN will conduct assessment & arrange order for PCR (1234 Kingshighway, BJC Convenient Care Clinics, others)
      - follow-up e-mail w/ guidance
    - <u>Self-guided</u> Return to Work guidance via <u>e-mail</u> once PCR is resulted

Influenza	Work Restriction	Duration of Work Restriction
Active Case after an occupational exposure  (Symptomatic) (Vaccinated and unvaccinated)	Exclude from duty; Nasal swab testing for influenza if indicated Offer treatment (if available) <sup>‡</sup> Treatment offered:  Oseltamivir (Tamiflu) 75 mg twice daily for 5 days or  Zanamivir** (Relenza) 10 mg (2 inhalations) twice daily for 5 days	<ul> <li>Until 24 hours without fever (without antipyretics)</li> <li>If working directly with patients requiring a protective environment, such as BMT or NICU, employees should remain off work or be reassigned to a different area for 7 days after the onset of illness or until resolution of symptoms, whichever is longer.</li> </ul>
Post-exposure (Asymptomatic) (Non-immune)	Prophylaxis recommended, and should be offered (if available), to non-immune HCP if within 48 hours of exposure <sup>‡</sup> Prophylaxis offered:  Oseltamivir (Tamiflu) 75 mg by mouth once daily for 10 days or  Zanamivir** (Relenza) 10 mg (2 inhalations) once daily for 10 days	<ul> <li>May work as long as asymptomatic</li> <li>Remind employee of importance of careful masking at all times</li> <li>Advise HCP to monitor daily for illness (cough, fever, myalgias, sore throat) and report symptoms to occupational health.</li> </ul>

# **COVID-19 & Influenza Vaccines**

https://flu.wustl.edu/



#### Get Your 2022 Flu Vaccine

**Deadline to submit documentation in ReadySet** is Friday, Dec. 16, 2022, at 5 p.m.

School of Medicine employees who work at a WUSM location or in a WUSM hybrid position are required to be vaccinated against the flu.

**Danforth Campus** employees are encouraged to receive the vaccine, but it is not required.

For medical or religious exemptions, please review our policy and obtain your paperwork in the <u>WashU Flu Shot Policy</u>. Exemptions must be submitted by Dec. 2, 2022 at 5 p.m.

#### **Ways to Get Your Vaccine**

Visit Your Own Healthcare Provider

All employees

Med School
Department
Peer
Vaccination
Program

School of Medicine Flu Vaccination Events <u>Danforth</u> <u>Campus Flu</u> <u>Vaccination</u> Events

# Mandatory Seasonal Influenza Vaccination Drive (2022)

- All WUSM employees working on-campus in any capacity
  - Excluded: 100% remote & Danforth employees
- HR provides mandatory listing
- Compliance data shared w/ BJC for all BJC-credentialed
   WU employees not necessarily in real-time

	Vaccines		
Month	Reported to Date	Compliant to Date	
September	374	2.77%	
October	7,035	52.08%	Oct 1- Flu season kickoff
November	11,209	82.98%	Nov 28- BJC deadline
December	13,246	98.06%	Dec 16- WUSM deadline

# Body Substance Exposure https://occupationalhealth.wustl.edu/exposures/

- Immediate managed
  - Clean wound w/ soap & water
  - Flush exposed mucous membranes, eye, etc.
- Do not discharge source patient before reporting!
- Weekdays (Mon Fri), 8am 4pm
  - Contact WashU Occupational Health (employees) at 314-362-3528
  - Contact Student Health (students) at 314-362-3523
- After hours, weekends, holidays:
  - Contact BJC Body Substance Exposure (BSE) Hotline at 877-767-8397

## What Else Does WashU OH Do?

### Laboratory safety

- In collaboration with Environmental Health & Safety and Division of Comparative Medicine
- Protocol review
- Exposure management
- Medical surveillance
- PPE evaluation

#### Danforth Campus

- COVID-19
- Evolving...

# Thank You!

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