Washington University Occupational Health (OH) provides services for the prevention and treatment of occupational illnesses and injuries; as well as other services that support our faculty, staff, postdoctoral appointees, clinical fellows and trainees, and Danforth Campus employees.
CAM 5A

Office of Occupational Health Services
Washington University in St. Louis
Center for Advanced Medicine
4921 Parkview Pl, Suite 5A
St. Louis, MO 63110
Phone 314-362-3528 | Fax 866-475-9166
occupationalhealth@wustl.edu
Current Services Supporting WUSM Clinical Mission

• COVID-19 & Influenza return-to-work
  • BJC/WUSM Call Center & Testing Site
• Seasonal influenza & COVID-19 vaccination
• Body substance exposure management
  • HIV, HBV, HCV
• Communicable disease exposure management
  • Tuberculosis, pertussis, mpox...
• New employee health (serologies, vaccinations, etc.)
• Work-related injury/illness
  • Non-urgent: BarnesCare, CAM5A
  • Emergent: ED
1234 Kingshighway Blvd

The only drive-thru testing site

M-F: 8am-4pm
Sat/Sun: 8am-12:30pm

Must go thru Call Center!
COVID-19
COVID-19 Hospitalized Patients by Day

Through 2/5/2023

Statewide COVID-19 Cases, by Week:

Statewide COVID-19 Deaths, by Week:
Through 1/23/2023:
6,961 cases (all WashU)
COVID-19

If symptomatic:
• Do not report to work
• Begin isolating immediately
• Notify your supervisor
• Call the COVID-19 Exposure/Illness Hotline at 314-362-5056
  • RN will conduct assessment & arrange order for RT-PCR (1234 Kingshighway, BJC Convenient Care Clinics, others) – follow-up e-mail w/ guidance
  • Home antigen test accepted
  • Self-guided Return to Work guidance via e-mail once RT-PCR is resulted or based on home antigen test result
    • Return date based on date of symptom onset vs. positive test
<table>
<thead>
<tr>
<th>Criteria</th>
<th>Return to Work Guidance</th>
</tr>
</thead>
</table>
| **Asymptomatic infection OR mild-moderately ill** | **Remain off work 5 days** (eligible to return on day 6 after symptom onset or positive test if never symptomatic)  
- Day of positive test or symptom onset is Day 0  
- **Must mask through Day 10** |
| • Not severely immunocompromised  
• Not hospitalized for COVID-19  
• At least 24 hours afebrile without use of fever-reducing medications  
• All other symptoms resolved, markedly improved, mild for duration of illness | |
| **Severely immunocompromised OR severely ill** | **Remain off work 10 days** (eligible to return on Day 11 after symptom onset or positive test if never symptomatic)  
- Day of positive test or symptom onset is Day 0 |
| • Severe lymphopenia  
- Severe immunodeficiency disease  
- Severe immunosuppression caused by chemotherapy for cancer, untreated HIV, or other primary immunodeficiency disorder  
- Solid organ or bone marrow transplant recipients  
- Severely ill: hospitalized and/or required home oxygen support  
- At least 24 hours afebrile without use of fever-reducing medications  
- All other symptoms resolved, markedly improved, mild for duration of illness | |
Influenza
BJH Influenza Update 2/7/23

- **422** BJH influenza tests were performed from 1/29/23 – 2/4/23 (Week #5)
  - 2 positive for Influenza A

- **1,003** total cases detected at BJH this season (1,001 A, 2 B; 75 inpatient, 928 outpatient)
  - 2 new cases were identified last week (#5)
  - 1 new cases reported so far this week (#6)
  - 22 HAI has been identified this season (#6)
INFLUENZA CASES BY SEASON

- 2018: Total: 530
  - Inf A: 523
  - Inf B: 7
- 2019: Total: 836
  - Inf A: 525
  - Inf B: 311
- 2020: Total: 1
  - Inf A: 0
  - Inf B: 1
- 2021: Total: 318
  - Inf A: 315
  - Inf B: 3
- 2022: Total: 1,002
  - Inf A: 1,000
  - Inf B: 2

* Current week is excluded from total.
Testing suggests good vaccine match

<table>
<thead>
<tr>
<th></th>
<th>Week 5</th>
<th>Data Cumulative since October 2, 2022 (Week 40)</th>
</tr>
</thead>
<tbody>
<tr>
<td>No. of specimens tested</td>
<td>5,463</td>
<td>164,523</td>
</tr>
<tr>
<td>No. of positive specimens</td>
<td>115</td>
<td>26,069</td>
</tr>
<tr>
<td><strong>Positive specimens by type/subtype</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Influenza A</td>
<td></td>
<td></td>
</tr>
<tr>
<td>(H1N1)pdm09</td>
<td>38 (45.8%)</td>
<td>5,266 (24.6%)</td>
</tr>
<tr>
<td>H3N2</td>
<td>45 (54.2%)</td>
<td>16,109 (75.4%)</td>
</tr>
<tr>
<td>H3N2v</td>
<td>0</td>
<td>1 (&lt;0.1%)</td>
</tr>
<tr>
<td>Subtyping not performed</td>
<td>26</td>
<td>4,557</td>
</tr>
<tr>
<td>Influenza B</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yamagata lineage</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Victoria lineage</td>
<td>4 (100%)</td>
<td>97 (100%)</td>
</tr>
<tr>
<td>Lineage not performed</td>
<td>2</td>
<td>39</td>
</tr>
</tbody>
</table>

Influenza

- **If symptomatic or occupational exposure:**
  - Do not report to work or leave work
  - Begin **isolating** immediately
  - Notify your supervisor
  - Call the COVID-19 Exposure/Illness Hotline at **314-362-5056** (they cover influenza too)
    - RN will conduct assessment & arrange order for PCR (1234 Kingshighway, BJC Convenient Care Clinics, others) – follow-up e-mail w/ guidance
    - Self-guided Return to Work guidance via e-mail once PCR is resulted

[www.occupationalhealth.wustl.edu](http://www.occupationalhealth.wustl.edu)
<table>
<thead>
<tr>
<th>Influenza</th>
<th>Work Restriction</th>
<th>Duration of Work Restriction</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Active Case after an occupational exposure</strong></td>
<td>Exclude from duty; Nasal swab testing for influenza if indicated</td>
<td>• <strong>Until 24 hours without fever</strong> (without antipyretics)</td>
</tr>
<tr>
<td>(Symptomatic)</td>
<td>Offer treatment (if available)‡</td>
<td>• If working directly with patients requiring a protective environment, such as BMT or NICU, employees should remain off work or be reassigned to a different area for 7 days after the onset of illness or until resolution of symptoms, whichever is longer.</td>
</tr>
<tr>
<td>(Vaccinated and unvaccinated)</td>
<td>Treatment offered:</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Oseltamivir (Tamiflu) 75 mg twice daily for 5 days or</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Zanamivir** (Relenza) 10 mg (2 inhalations) twice daily for 5 days</td>
<td></td>
</tr>
<tr>
<td><strong>Post-exposure (Asymptomatic) (Non-immune)</strong></td>
<td>Prophylaxis recommended, and should be offered (if available), to non-immune HCP if within 48 hours of exposure‡</td>
<td>• <strong>May work as long as asymptomatic</strong></td>
</tr>
<tr>
<td></td>
<td>Prophylaxis offered:</td>
<td>• Remind employee of importance of careful masking at all times</td>
</tr>
<tr>
<td></td>
<td>• Oseltamivir (Tamiflu) 75 mg by mouth once daily for 10 days or</td>
<td>• Advise HCP to monitor daily for illness (cough, fever, myalgias, sore throat) and report symptoms to occupational health.</td>
</tr>
<tr>
<td></td>
<td>• Zanamivir** (Relenza) 10 mg (2 inhalations) once daily for 10 days</td>
<td></td>
</tr>
</tbody>
</table>
COVID-19 & Influenza Vaccines

Get Your 2022 Flu Vaccine

Deadline to submit documentation in ReadySet is Friday, Dec. 16, 2022, at 5 p.m.

School of Medicine employees who work at a WUSM location or in a WUSM hybrid position are required to be vaccinated against the flu.

Danforth Campus employees are encouraged to receive the vaccine, but it is not required.

For medical or religious exemptions, please review our policy and obtain your paperwork in the WashU Flu Shot Policy. Exemptions must be submitted by Dec. 2, 2022 at 5 p.m.

Ways to Get Your Vaccine

Visit Your Own Healthcare Provider

Med School Department Peer Vaccination Program

School of Medicine Flu Vaccination Events

Danforth Campus Flu Vaccination Events
Mandatory Seasonal Influenza Vaccination Drive (2022)

- All WUSM employees working on-campus in any capacity
  - Excluded: 100% remote & Danforth employees
- HR provides mandatory listing
- Compliance data shared w/ BJC for all BJC-credentialed WU employees – not necessarily in real-time

<table>
<thead>
<tr>
<th>Month</th>
<th>Vaccines Reported to Date</th>
<th>Compliant to Date</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>September</td>
<td>374</td>
<td>2.77%</td>
<td></td>
</tr>
<tr>
<td>October</td>
<td>7,035</td>
<td>52.08%</td>
<td>Oct 1- Flu season kickoff</td>
</tr>
<tr>
<td>November</td>
<td>11,209</td>
<td>82.98%</td>
<td>Nov 28- BJC deadline</td>
</tr>
<tr>
<td>December</td>
<td>13,246</td>
<td>98.06%</td>
<td>Dec 16- WUSM deadline</td>
</tr>
</tbody>
</table>
Body Substance Exposure  https://occupationalhealth.wustl.edu/exposures/

• Immediate managed
  • Clean wound w/ soap & water
  • Flush exposed mucous membranes, eye, etc.

• Do not discharge source patient before reporting!

• Weekdays (Mon – Fri), 8am – 4pm
  • Contact WashU Occupational Health (employees) at 314-362-3528
  • Contact Student Health (students) at 314-362-3523

• After hours, weekends, holidays:
  • Contact BJC Body Substance Exposure (BSE) Hotline at 877-767-8397
What Else Does WashU OH Do?

• Laboratory safety
  • In collaboration with Environmental Health & Safety and Division of Comparative Medicine
  • Protocol review
  • Exposure management
  • Medical surveillance
  • PPE evaluation

• Danforth Campus
  • COVID-19
  • Evolving...
Thank You!

Stephen Liang  
Medical Director  
syliang@wustl.edu

Aaron Daugherty  
Director  
aldbaugherty@wustl.edu