

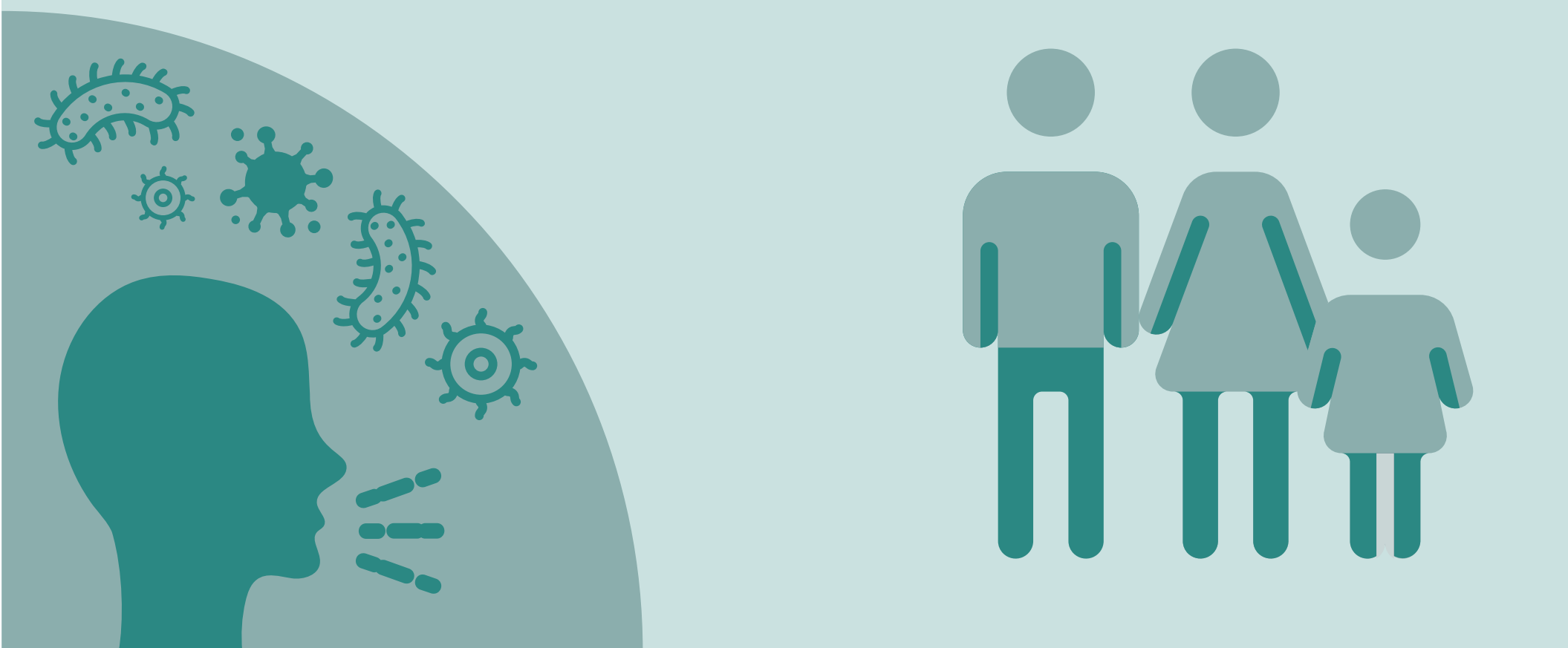
Stop the Spread of Germs

Help prevent the spread of respiratory disease like COVID-19.

Avoid touching your eyes, nose, and mouth.



Avoid close contact with people who are sick.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

